



South Shore Dancers

June, 2020



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"Denim 'n' Lace"- June 13- Happening Online

We won't be dancing at the Cushing Center but we will be dancing again like last month -- via Zoom. Thanks to Steve and Laurie Cavanaugh, who will again invite us to their living room, we will be able to line dance and socialize online through the marvel of Zoom. Last month, we premiered this way of continuing the monthly get-togethers and it was very well received. Perhaps we can get a few more folks to join this time around. The festivities will start at 7:00 p.m. on Saturday, June 13. The Zoom meeting "doors" will open at 6:45.

Advance registration by 6:00 p.m. on Friday, June 12, is required. Email webmaster@southshoredancers.org to register for the June 13th event. For security and privacy online, the Zoom meeting link will only be emailed to dancers who register in advance. Please register early if you have any interest in trying this out or just coming to say hi to people. (There is no penalty for no-shows if you can't make it and it will help the volunteer hosts to not have a ton of last-minute reservations!)

The ballroom line dance night is free of charge!

If you need help figuring out how to use Zoom, please email webmaster@southshoredancers.org as early as possible with information on the computer or mobile device you're planning to use. If you can connect to Zoom with your TV, having the large screen would be ideal for seeing the line dance leaders.

Based on the success of last month's event, this will be more fun than cleaning the house or Kondoing your basement. So clear a space, pour a drink and come join us.

South Shore Dancers Annual Members Meeting – June 13th at 7:00pm

The annual meeting that is usually held before the June dance **will not be happening**. Instead, we will have our election of the Board of Directors by phone or email. A slate of proposed Directors was presented at the last meeting of the Directors (May 21st). Nominated were the current directors, listed in the box above. Also nominated was Roslyn Wiseman, a Member since 2011. Please provide your vote, for or against these 12 candidates by emailing Tom Osterland (Tom@SouthShoreDancers.org) or by phone: (781-6549-4703) before 7:00pm on June 13.

"Cabaret" - May 9 - Line Dance by Zoom

The South Shore Dancers May dance had to be canceled, but a couple of dozen of the faithful were able to dance with social distancing in the extreme. We thank Steve and Laurie Cavanaugh for sharing their home for the occasion and, especially Steve for all of his preparation to instruct and lead the dances.

The dances Steve selected for the evening were ballroom rhythms and choreography that we had done at our monthly dances at one time or another. Since we had not been together for some time, Steve gave us a brief review before each dance.

Pot Luck Supper Dance Date Postponed

The Pembroke Knights of Columbus hall is closed for the duration of the pandemic. We will be notified when it becomes available again and we will determine the date and let you know. The Pot Luck Event is usually the first dance of the new season. Since the Cushing Center is also closed for now, we will have lots of announcements about the 2020-21 season coming up. In the famous words of **Yogi Berra**, "The future is not the same as it was."

World of Dance - Tuesdays at 10 pm

As promised, they got the show off the ground. The "Qualifiers" started on May 26 with contestants performing before the judges in a what we were told was a warehouse without an audience. It was only a 1 hour show but the contestants were good. They included a Salsa couple, two hip-hop crews, a 9-year-old jazz dancer and a contemporary dance couple. The second Qualifier round was on June 2, the third will be on June 9 (NBC 10pm). The surviving acts move on to the next round, called the "Duels" where acts compete one-on-one.

Update on the Bernie King Memorial Pavilion in Hull

They still doesn't have the floor down, but they are supposed to have bands there on July 4th and July 5th. Whether the floor will be there or not is up in the air. There's a Facebook Group about the music at the pavilion:

<https://www.facebook.com/groups/394400697870025/>

Where can you dance now? (Repeated from Last Month)

Contributed by Steve Cavanaugh

We're still "safer at home", and it's starting to look like we'll be dancing at home for quite a while longer. Just today I got a notice that the Boston Salsa Festival, scheduled for mid-August, has been canceled. This is a super fun annual event, but it's only fun if there are salsa dancers there. All too many dance events are being canceled.

Now is a great time to continue working on your dance skills...even if you're living alone!

West Coast Swing Online

For example, in last month's column I mentioned that West Coast Swing Online was offering classes nightly. And despite the name, the teachers at WCS Online are teaching lots of dance styles: Waltz, Two Step, East Coast Swing. The lessons are archived on YouTube, so you can look at them at your convenience, and many are great for the solo dancer. <https://www.westcoastswingonline.com/live/>

One of last week's classes was on "3 Keys to One-Footed Spins". You can watch the YouTube video for tips at:

<https://youtu.be/tW7Yv1KZogs> (that's a number one before the KZ)

An earlier lesson was on 5 Ways to Practice West Coast Swing on your own:

<https://youtu.be/SHPNacSGeNA>

Howcast

Last month I mentioned some specific dance styles you can find on the HowCast web site, but there are some specific exercises that might be worth exploring.

For example, practicing your body rolls, which are essential if you're going to really look the part in Latin dancing.

For the ladies there's this lesson:

<https://www.howcast.com/videos/510088-how-to-do-a-body-roll-booty-roll-bachata-dance>

and the guys aren't left out, as you'll see here:

<https://www.howcast.com/videos/510086-how-to-do-a-body-roll-power-stomp-bachata-dance>